

## **DISEASE, DISORDERS, AND MEDICAL RESEARCH**

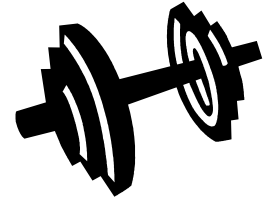
In recent years as healthcare costs have skyrocketed, health has become an issue that garners much attention in the United States. By giving to nonprofits that foster health research and education through the King County Employee Giving Program, you can do your part to keep Washington healthy.

### Health Statistics in Washington State and the U.S.

- **12 out of every 100,000 Washingtonians** has been diagnosed with **HIV or AIDS** in the past year, adding up to about 700 new cases. The total population of people living with HIV/AIDS in the United States is estimated as of 2003 at 950,000.
- **Alzheimer's Disease** diagnoses are expected to increase 44% in the U.S. by 2025. Today, the direct and indirect costs of caring for Americans with Alzheimer's disease are at least \$100 billion annually. By giving to organizations like the Alzheimer's Association, you can help offset the costs for medications, research, and home healthcare.
- An estimated **20.8 million children and adults** in the United States have diabetes. While only 14.6 million have been diagnosed, an estimated 6.2 million are unaware that they have the disease. Your donations go toward research, much-needed transplants, and the search for a cure.
- **Heart disease and stroke** are the #1 and #3 causes of death in the United States. By supporting organizations such as the American Heart Association, you can help fund education and research that will lessen the impact of coronary heart disease which affects about 13.2 million Americans every year.
- **Approximately 10 %** of people residing in Washington State lack any type of health insurance, even including Medicaid and Medicare. With the rising costs of healthcare, this need can only be met through your generous support.
- Among all medical illnesses, **major depression** is the leading cause of disability in the U.S. and many other developed countries, affecting **9.9 million American adults**, or approximately **5 percent of the adult population** in a given year.

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Want to know more about how you can help these organizations? Talk to your Employee Giving Program Coordinator and ask for a catalog, or check out the Employee Giving Program website at [www.metrokc.gov/giving](http://www.metrokc.gov/giving). Remember, Giving Works!



## Nonprofits Doing Work in this Area:

AIDS and Infectious Disease Science  
Center

AIDS Community Research Initiative of  
America

AIDS Research Alliance of America

AIDS Research Foundation (amfAR)

Alpha-1 Foundation

The ALS Association Evergreen Chapter

Alzheimer's and Aging Research Center

Alzheimer's Association,  
Western and Central Washington

State Chapter

AMC Cancer Research Center

American Cancer Society, Great West  
Division

American Diabetes Association,  
Washington

American Foundation for Suicide  
Prevention

American Hearing Research Foundation

American Heart Association-  
Pacific Mountain Affiliate

American Kidney Fund

American Liver Foundation

American Lung Association of  
Washington

American Parkinson Disease Association

Arthritis and Cancer Pain Research  
Institute

Arthritis Foundation Washington/Alaska  
Chapter

Asthma and Allergy Foundation of  
America

Autism Speaks Foundation

Bainbridge Youth Services

Brain Tumor Foundation of America

Breast Cancer Research Foundation

Cancer Immunology Research  
Foundation

Cancer Research Fund of the Damon  
Runyon-Walter Winchell Foundation

Cancer Research Institute

Cancer Research and Prevention  
Foundation

Cancer Treatment Research Foundation

Children's Tumor Foundation

City of Hope

Cooley's Anemia Foundation Inc.

Crohn's & Colitis Foundation of America,  
Northwest Chapter

Cystic Fibrosis Foundation-WA Chapter

Depression and Bipolar Support Alliance

Diabetes National Research Group

Diabetes Research and Wellness

Foundation

Diabetes Research Institute Foundation,  
Inc.

Easter Seals Washington

Endometriosis Association

Epilepsy Foundation

Foundation Fighting Blindness

Fred Hutchinson Cancer Research

Center Foundation

Glaucoma Research Foundation

Group Health Community Foundation

HOMEBUILDERS Family Counseling

Hope Heart Institute

Huntington's Disease Society of America

Juvenile Diabetes Research Foundation  
International -Northwest Chapter

Leukemia & Lymphoma Society -  
Washington/Alaska Chapter

Lupus Foundation of America,  
Pacific Northwest Chapter

March of Dimes Washington Chapter

Marrow Foundation

Multiple Sclerosis National Research  
Institute

Muscular Dystrophy Association  
Washington

Myasthenia Gravis Foundation of  
America, Pacific Northwest  
Chapter

National Headache Foundation

National Hemophilia Foundation

National Hospice and Palliative  
Care Organization

National Multiple Sclerosis Society,  
Greater Washington Chapter

National Parkinson Foundation

National Spinal Cord Injury  
Association

National Stroke Association

Osteogenesis Imperfecta  
Foundation

Osteoporosis and Breast Cancer  
Research Center

Pacific Northwest Research  
Institute

Parkinson's Disease Foundation

Prevent Blindness America  
(National Society to Prevent  
Blindness)

Research to Prevent Blindness

Seattle Jobs Initiative

Sickle Cell Disease Association of  
America

SIDS Alliance/First Candle

SIDS Foundation of Washington

Sound Works Job Center

Spina Bifida Association of  
America

St. Jude Children's Research  
Hospital

Tourette Syndrome Association

United Cerebral Palsy Associations

The United Leukodystrophy  
Foundation

The V Foundation

West Sound Treatment Center